



SSFA
55+ Provincial Games 2024
The Battlefords

2024 SSFA

55+ SENIOR PROVINCIAL GAMES

June 11, 12, 13
The Battlefords



Who Can Take Part?

Games are open to Saskatchewan residents who will be 55 years or older as of December 31, 2024.

Participants must become members of the Saskatchewan Seniors Fitness Association (SSFA). Unlimited number of participants in each event/age category.

2024 Activities

- Five Pin Bowling
- Cribbage
- Golf
- Kaiser
- Pickleball
- Lawn Bowling
- Slo-Pitch
- 8 Ball
- Swimming
- Track & Field
- Photography
- Poetry & Short Story Writing

(Theme - Active Aging • Mind & Body)

What is SSFA?

SSFA is a non-profit volunteer organization which promotes active living, wellness and participation of Saskatchewan adults 55+ years of age and older.

Contact district representative for membership, games information and registration.

Registration forms are available on the SSFA Provincial website (www.ssfa.ca) under: SSFA 55+ Games Registration form.

DISTRICT	CONTACT INFORMATION	DISTRICT	CONTACT INFORMATION
Prairie Central	Sylvia Broad 306.554.7072	Lakeland	Dale Lawrence 306.752.3634
Rivers West	Cecilia Leibel 306.358.4212	South East Connection	Linda Murphy 306.634.7631
South West	Linda McIntyre 306.690.5036	Parkland Valley	Bob Edwards 306.592.4624
Regina Sport	Roberta French 306.543.1958	Saskatoon Sport	Sheldon Kraus 306.242.9452



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www.ssfa55gameshost.ca



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